

**2019 MA Swimming Junior Olympics  
July 18th - 21st, 2019  
Condensed Timeline & Backup Timing Assignments**

	Thursday	Friday			Saturday			Sunday		
	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9	Session 10
W-U Start:	3:00 PM	7:00 AM	1:30 PM	4:15 PM	7:00 AM	1:30 PM	4:15 PM	7:00 AM	1:30 PM	4:15 PM
Session Start:	4:00 PM	8:15 AM	2:15 PM	5:15 PM	8:15 AM	2:15 PM	5:15 PM	8:15 AM	2:15 PM	5:15 PM
Main Session End:	8:39 PM	11:05 AM	3:33 PM	8:17 PM	11:13 AM	3:56 PM	8:08 PM	11:34 AM	3:39 PM	8:19 PM
Distance End:	NA	400 IM: 12:29 PM	NA	NA	400 Fr: 12:17 PM	NA	NA	800 - 12:53 PM	NA	NA
Time Trials Start:	NA	12:30 PM	3:35 PM	NA	12:20 PM	4:00 PM	NA	12:55 PM	3:45 PM	NA
<b>SESSION TIMING ASSIGNMENTS</b>										
Lane 1	Swimmers provide their own backup timer.	RAD/SJAC	Timer requests will be made via announcement and at admissions table. Need 17 to start.	Timer requests will be made via announcement and at admissions table. Need 17 to start.	YY/YY	Timer requests will be made via announcement and at admissions table. Need 17 to start.	Timer requests will be made via announcement and at admissions table. Need 17 to start.	YY/WAC	Timer requests will be made via announcement and at admissions table. Need 17 to start.	Timer requests will be made via announcement and at admissions table. Need 17 to start.
Lane 2		SEA/SEA			JW/JW			JW/JW		
Lane 3		PAAC/PWAC			JW/JW			GAAC/PAAC		
Lane 4		GPAC/GPAC			SEA/SEA			NPAC/PWAC		
Lane 5		JW/JW			GAAC/HAC			RAD/SSC		
Lane 6		JW/NPAC			RAD/SJAC			GPAC/GPAC		
Lane 7		GAAC/NLAC			UDAC/UMLY			SEA/SEA		
Lane 8		SSC/UMLY			NPAC/PAAC			SJAC/UMLY		
Head/Backup		YY			SSC			FCA		

\* Backup timers will be released at the "main session end" time of each session

\* Swimmers will be responsible for their own backup timer for the prelims heats of the 400 IM, 400 Free, and 800 Free, as well as the 1500 free on Thursday

\* Time trials will be offered at the end of each preliminary/timed final session Friday-Sunday. There will be no time trials at finals

\* Due to low/variable team numbers for 10&U and finals sessions, we will request timing assistance both at admissions and from the scoring table. 17 will be needed to start.

**Warm-Up Assignment Groups for Morning Preliminary Sessions Only:**

Groups are alphabetical by TEAM NAME

Group 1 - Teams A - NLAC, including Egg Harbor

Group 2 - Teams NPAC - Z, plus all unattached swimmers

Friday/Sunday:

Saturday:

7:00-7:25 am: Group 1

7:00-7:25 am: Group 2

7:25-7:50 am: Group 2

7:25-7:50 am: Group 1

7:50-8:10 am: Open warm-up w/ sprint and pace lanes

7:50-8:10 am: Open warm-up w/ sprint and pace lanes

**Meet Mobile: 2019 MA LC Junior Olympics**