



## 2019 Junior Olympics Final Notes:

- All coaches/officials must show their USA Swimming ID and a photo ID in order to get a wristband at admissions, and will access the pool through the central (not locker room) doors
- The coaches meeting will be held at 7:30 am on Friday morning in the upstairs hospitality room....please make sure each team has 1 representative present!
- Timers for prelims sessions should check in at admissions to receive a timing lanyard, and should let admissions workers know which team assignment they are covering
- Timers for 10 & under and finals sessions can volunteer at the admissions table to receive lanyards – 17 timers will be needed to start each session!!!
- The pool deck will open for prelims at 6:40 am. Warm-ups begin at 7:00 am. SEE CONDENSED TIMELINE FOR WARM-UP ASSIGNMENTS!!
- Positive check-in will close at the following times:
  - o Thursday's 1500 free will close at 3:30 pm
  - o Friday-Sunday prelim sessions will close at 9:15 am (for all relays, 400 IM, 400 Free, 800 Free)
  - o 10 & under relays and 400 free will close for positive check-in at 2:30 pm
- Time trial entries will close at 10:30 am for prelim sessions and 2:30 pm for 10&U sessions
- The top-8 seeds in finals will have walk-outs!! The ready room will be located by the lifeguard stand and will be clearly marked
  - o Top seeds can request walk-out music (to be approved) any time after the scratch window has closed through finals warm-ups
- Mid session warm-up breaks have been dialed in and, time permitting, will be spaced as such:
  - o Thursday: One 6-minute break every 3 1500 heats
  - o Friday-Sunday prelims: One 6-minute break approximately every hour
  - o Friday-Sunday finals: One 6-minute break approx. every 45-60 minutes
- Reminder that Sunday afternoon's sessions are now in-line with Friday/Saturday starts:
  - o 10 & under session will be 1:30 pm warm-up / 2:15 pm start
  - o Finals session will be 4:15 pm warm-up / 5:15 pm start